

Young Adult Grief Support Group

For people in their
20s & 30s



*Join with others living with grief who
are at a similar stage in life.*

*Trained facilitators offer support in
an emotionally safe space.*

**Starts on
November 6,
2019**

This drop in grief group meets every
Wednesday from 6:30 p.m. to 8:00 p.m.
at the Hospice of Humboldt Chapel
3327 Timber Fall Court in Eureka
Call Hospice for more info at 707-267-9801



*Like all grief support groups at Hospice, this group is
FREE and open to the whole community!*