

# **FREE** **ADVANCE CARE PLANNING WORKSHOP**

## How will your family know your wishes in a health crisis?

**A**ttend this free workshop where you'll learn how to approach these important, but often uncomfortable, conversations with your loved ones.

We'll help you draft an Advance Directive form to take home and discuss with your family. You will also receive a blank form to complete as a final version to share with your loved ones and medical care providers.

Learn what is important to include in your Advance Directive and how best to choose the person you wish to speak for you in the event you cannot speak for yourself.



Workshop presented by  
Medical Social Workers  
from Hospice of Humboldt



HOSPICE  
OF  
HUMBOLDT

*40<sup>th</sup> Anniversary*  
Caring for Humboldt since 1979

**Saturday, September 14 from 1:30 p.m. - 3:30 p.m.**

**Hospice Conference Room B  
3327 Timber Fall Court, Eureka**

**For more information, please call 707-445-8443**