

FREE

ADVANCE CARE PLANNING WORKSHOPS

How will your family know your wishes in a health crisis?

Attend this free workshop where you'll learn how to approach these important, but often uncomfortable, conversations with your loved ones.

We'll help you draft an Advance Directive form to take home and discuss with your family. You will also receive a blank form to complete as a final version to share with your loved ones and medical care providers.

Learn what is important to include in your Advance Directive and how best to choose the person you wish to speak for you in the event you cannot speak for yourself.



**Workshop presented by
Medical Social Workers
from Hospice of Humboldt**

Workshop offered on FOUR Saturdays in 2020:

February 8

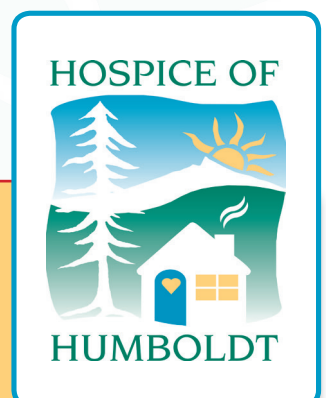
April 25

July 18

October 24

1:30 to 3:30 p.m.

**Hospice Conference Room B
3327 Timber Fall Court, Eureka**



For more information, please call 707-445-8443