

What is Palliative Care?

Palliative care focuses on relief of the symptoms and stress that often accompany life-limiting illness. It is an extra layer of support added to your current care.

Your Care Team



We help you to...

- ♥ Reduce the stress of living with a serious illness
- ♥ Understand your diagnosis and your options
- ♥ Determine what is important to you
- ♥ Set goals for your care and your life
- ♥ Talk with your loved ones about your illness and your choices
- ♥ Navigate the medical system including scheduling and getting to appointments
- ♥ Manage your medications
- ♥ Obtain the equipment and services you need
- ♥ Make the big changes in life that can often be challenging

Seeing you, not just your diagnosis.



**PALLIATIVE
CARE
SERVICES**

Provided by Hospice of Humboldt

3327 Timber Fall Ct ♥ Eureka, CA 95503
707-267-9880 ♥ hospiceofhumboldt.org

When to call Palliative Care

If you have been diagnosed with a life-limiting illness such as:

- ♥ Advanced cancer
- ♥ Advanced liver disease
- ♥ COPD
- ♥ Heart failure
- ♥ Serious neurologic condition that is worsening rapidly

Or if you are experiencing two or more of the following:

- ♥ Uncomfortable side effects from treatments such as:
 - Loss of appetite
 - Nausea
 - Constipation or diarrhea
 - Pain
 - Fatigue
 - Shortness of breath
- ♥ Emotional difficulties related to your illness such as:
 - Anxiety
 - Depression
 - Loneliness
- ♥ Difficulty managing your care
- ♥ Increased need to go to the emergency room or hospital for symptoms of your illness

*Our Palliative Care Team
may be able to serve you.*

We are here to help.
707-267-9880