



Grief Support Group for Teens *from ages 13 to 18*

Loss of a loved one can impact teens in many aspects of their lives, including school performance, self-esteem, relationships with family and friends, their ability to withstand peer pressure, and health.

The Hospice Grief Support Group for Teens is a safe and supportive environment where teens can share with other teens and participate in activities that will be focused on healing grief and honoring loved ones lost.

THURSDAYS, MARCH 21st - MAY 16th

(Group will not meet on April 18th)

4:00 p.m. to 5:30 p.m.

- The group is facilitated by Hospice Grief Counselors.
- This free service is open to all teens in our community who are experiencing loss due to a death.
- Refreshments will be provided.

SPACE IS LIMITED • REGISTRATION IS REQUIRED



**Please call 707.267.9801, Ext 0
for more information or to register**