



# Grief Support Group for Teens *from ages 13 to 17*

Loss of a loved one can impact teens in many aspects of their lives, including school performance, self-esteem, relationships with family and friends, their ability to withstand peer pressure, and health.

The Hospice Grief Support Group for Teens is a safe and supportive environment where teens can share with other teens and participate in activities that will be focused on healing and honoring loved ones lost.

**MEETS WEEKLY**

**MONDAYS, APRIL 10<sup>th</sup> through JUNE 5<sup>th</sup>  
4:00 p.m. to 5:30 p.m.**

(Group will not meet on Memorial Day, May 29<sup>th</sup>)

- The group is facilitated by Hospice Grief Counselors.
- This free service is open to all teens in our community who are experiencing loss due to a death.
- Refreshments will be provided.
- **Registration is required.**



**Please call 707.267.9801, Ext 0  
for more information or to register**